DASI

Please complete the survey below.

Thank you!

1. Can you take care of yourself (eating, dressing, bathing, or using the toilet)?	○ Yes ○ No
2. Can you walk indoors, such as around your house?	○ Yes ○ No
3. Can you walk a block or two on level ground?	Yes No
4. Can you climb a flight of stairs or walk up a hill?	
5. Can you run a short distance?	○ Yes ○ No
6. Can you do light work around the house, such as dusting or washing dishes?	
7. Can you do moderate work around the house, such as vacuuming, sweeping floors or carrying in the groceries?	Yes No
8. Can you do heavy work around the house, such as scrubbing floors or lifting and moving heavy furniture?	
9. Can you do yard work, such as raking leaves, weeding or pushing a power mower?	
10. Can you have sexual relations?	
11. Can you participate in moderate recreational activities, such as golf, bowling, dancing, doubles tennis or throwing a baseball or football?	
12. Can you participate in strenuous sports, such as swimming, singles tennis, football, basketball or skiing?	
Score	

